

JESUS & THE LAW

4

DID HE REALLY MEAN THAT?

A STUDY ON THE SERMON ON THE MOUNT

MORNING

READ | Matthew 5:17

"Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them."

– **Matthew 5:17**

Pay attention to whatever feeling is produced when you read this statement of Jesus. Name the feeling & ask for the grace to follow it down to where it is originating from.

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

Notes:

TUESDAY// AUGUST 31ST

MORNING

READ | Matthew 5:18

For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished.

- Matthew 5:18

What do you find comforting in the concept of God's law? Is there anything that brings a sense of unease? In the presence of God, continue to look at whatever it is you're feeling until you sense it's time to let it go.

EVENING

REVIEW: Look back on your day with God. What needs to be forgiven?

Notes: _____

WEDNESDAY// SEPTEMBER 1ST

MORNING

READ | Matthew 5:19 (NIV)

Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven.

- Matthew 5:19 (NIV)

In what contexts today will you be a teacher? What will your methods of teaching be? What will be the message your teaching communicates?

EVENING

REVIEW: Make yourself aware of God's presence. With God, look back on your day. What did your life communicate today?

Notes: _____

THURSDAY// SEPTEMBER 2ND

MORNING

READ | Matthew 5:18

I tell you the truth, until heaven and earth disappear, not even the smallest detail of God's law will disappear until its purpose is achieved.

- Matthew 5:18

What is the purpose of God's law and how is it achieved, in your life, today?

EVENING

REVIEW: Make yourself aware of your breath, and pay attention to only your breathing for the next 2 minutes. As thoughts enter your mind, acknowledge them and then slowly focus your attention on only your breath. Enjoy abiding in Christ, free from habitual thought loops and patterns of striving to connect. Let go and be.

Notes: _____

MORNING

READ | Matthew 5:20

For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.

- Matthew 5:20

What do you feel when you hear the word, 'righteousness?' One definition is 'conformed to God's being?' What does this mean to you?

EVENING

REVIEW: In the presence of God, consider: where did I most experience harmony today?

Notes:

SATURDAY// SEPTEMBER 4TH

MORNING

READ | Galatians 5:18

If you are led by the Spirit, you are not under the Law.

– Galatians 5:18

What does it mean to be 'led by the Spirit?' How have you sensed the Spirit's leading in the past? Where did you sense it? What are some of the defining features of a moment when you sense you are being led?

EVENING

REVIEW: Make yourself aware of God's presence. Look back on your day with God. From God's perspective, what was significant about today?

Notes: _____

SUNDAY//

SEPTEMBER 5TH

MORNING

Look back at all the verses, prayers and meditations this week. Spend some additional time with whatever was most helpful.

EVENING

COMMIT: Spend time with someone you love. Call them on the phone, take them out to dinner, just relax with them.

Notes: _____



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